P M ENGLISH MEDIUM SCHOOL, DHINOJ Yearly Plan - Grade 7 Academic Session 2024-25

Subject: Science

TERM 1

MONTH	No. of teaching	Chapter Details	Experiment	Activity	Learning Outcomes	Field Trip
	Days					
APRIL	21	Chapter-1 Nutrition In Plants Chapter-2 Nutrition in Animals	CH-1 Exp-1&2 In Lab-Manual CH-2 Ex-3&10 in Lab manual	CH-1 1.To observe the Guard cells under microscope 2. To grow and observe bread mold. CH-2 1.Bring different food materials and observe from which tooth the chewing is happening 2. To observe the effect of saliva on starch.	CH-1 Identify different organisms on the basis of mode of nutrition. Evaluate other plants in their surroundings & classify them as autotrophs, heterotrophs, saprotrophs, parasitic or symbiotic based on their nutritional requirements CH-2 Summarize the functions of the Human digestive system. Compare & contrast the features of digestive system of	
					grass-eating animals with those of humans	

JUNE	16	Chapter-4 Acid,	CH-4	CH-4	CH-4
		Bases, and salts.	Exp-5.1,5.2&8 lab manual.	1.To observe the	
		,	1	effects of different	1. Differentiate
		Chapter -	CH-5	indicators on Acid,	between
		5Physical &	Exp:16.1&16.2	bases, and neutral	acidic, basic,
		chemical changes		substances	and neutral
		-		2.To observe the	substances
				neutralization	based on their
				reaction using	properties.
				laboratory indicator.	
					2. Explain the
				CH-5	process of
				1. To observe	neutralization
				the burning	
				of	3. Conduct
				magnesium	investigation to find
				ribbon and	out the extract of
				test its nature	colored flower can be
				2. To observe	used as indicators.
				the colour	
				change of	4. Write word
				copper	equations for
				sulphate due	acidbase reactions.
				to reaction	~
				with iron.	5. Apply learning
				3 Formation of	of scientific concept
				Crystals of	in dealing with
				Crystais Of	acidity or treating
				copper	with soil
					CH-5

				sulphate.	 Differentiate between physical and chemical change. Apply learning of scientific concepts in day-to-day life in taking measures to prevent corrosion Classify the changes as physical or chemical changes. Write a word equation for corrosion. 	
JULY	24	Chapter- 13 Waste water story (Project) Chapter - 11 Light.	CH-11 19,20&25 IN lab -manual.	Ch-11 1.To show the reflection of light. 2. To observe the image on the screen by concave and convex mirror 3. To observe the image by using concave and convex lens. 4. To observe the dispersion of light by	 Analyze the uses of water in everyday life in order to identify various sources of contamination. Outline factors responsible for scarcity of clean water and list some water borne diseases 3. Suggesting methods for treatment 	IFCO

		using prism.	of polluted water for
			reuse.
			4. Makes effort to
			follow good practices
			for sanitation at public
			places.
			5. Make effort to
			Minimize the
			generation of
			pollutants.
			CH-11
			1.Observe and
			describe image formed
			by plane mirror.
			2. Outline the
			importance and uses of
			spherical mirrors and
			lenses.
			3.Identify different
			types of mirrors and
			lenses based on their
			texture and function.
			4. Differentiate
			between the images
			formed by the mirrors
			and lenses based on
			their structure and
			properties.
			5. Conduct a
			simple

					 investigation to find out that white light is composed of many colors. 6. Construct a model and explain the working of Newton's color disc 	
AUGUST	19	Chapter - 8 Reproduction in Plants	CH-8 Ex: 21&22	CH-8 1.To observe eyes of the potato from the potato. 2. To dissect a flower and observe its reproductive parts. 3To observe yeast cell under microscope.	 CH-8 1. Define reproduction in order to identify its need. 2. Distinguish between two modes of reproduction that is sexual and asexual. 3. To learn different types of pollination. 4. Differentiate between unisexual and bisexual flowers. 5. Explain the structure of reproductive organs in plants. 6. Illustrate the structure of reproductive 	

				structure in plants. 7. Apply learning of scientific concept in cultivation by vegetative propagation.	
SEPTEMBER	Revision & Term-1Exam	Chapters1,2,4,5,8,			
		11&13			

TERM 2

MONTH	No. of teaching	Chapter	Experiment	Activity	Learning Outcomes	Field Trip
	days	Details				
SEPTEMBER	10	Chapter 3 : Heat	CH-3 Exp:4.1,4.2,11.1&11.2,13. 2	CH-3 1. To teach students how to read a clinical thermometer 2. To teach students how to measure the temperature of hot water	CH-3 1. Distinguish between clinical, laboratory and digital thermometer (range, least count and units of measurement) 2. Explain the different modes of transfer of heat. 3. Differentiate between conductors	
				and cold water by using laboratory thermometer 3. To observe convection of heat in water.	and insulators of heat. 4. Measures and calculates the temperature of humans, hot water, cold water etc	

OCTOBER	18	Chapter 12:	CH-9	CH-9	CH-12	Serenity Club
		Forest: Our	Ex:12 in lab-manual	To observe the time	1. Explain the	_
		Lifeline(Project)		period of simple	features of forests that	
				pendulum	are responsible for	
				-	sustenance of life.	
		Chapter-9		Extended learning	2. Sensitize others	
		Motion and Time		To make a sand	with the consequences	
				clock.	of excessive	
					consumption of natural	
					resources.	
					3. Exhibit	
					creativity for the	
					judicious use of natural	
					resources.	
					Ch- 9:	
					I. Finding the	
					relation between	
					distance, speed and	
					ume.	
					2 Calculate the	
					speed of a moving	
					objects.	
					3. Measure and	
					calculate the time	
					period of a simple	
					pondulum	
					pendulum.	
					4. Plot and interpret the	
					distance-graph	

NOVEMBER	17	Chapter-6	Exp: no 17	CH-7	CH-7	
		Respiration in	In lab manual	1.To measure the	1. Differentiate	
		Organisms		breathing rate at	between aerobic and	
				different conditions	anaerobic respiration.	
				2.To measure the size	2. Apply the	
				of chest during	concept of Anerobic	
				inhalation and	respiration in	
				exhalation.	fermentation process.	
				3. To make model to	3. Explain the	
				show the mechanism	process of respiration	
				of breathing.	in animals and plants.	
				4.To observe the	4. Write word	
				effect of exhaled air	equation for the	
				on lime water.	5 Ubstrate the	
					5. Illustrate the	
					respiratory organs	
					of different	
					organisms	
					organisms.	
DECEMBED	10					
DECEMBER	10	Chapter		CH-7	. Explain the process of	
		7:Transport of		1.10 check the pulse	circulation and	
		Substances in		rate by using index	excretion in humans	

	Animals an Plants	1	finger on your wrist	 and other organisms. 2. Explain the structure of human heart and kidney. 3. Explain the process of transportation of water, minerals, and food in plants. 4. Differentiate between xylem and phloem 	
JANUARY	22 Chapter 7 Transport of Substances Animals and Plants Continue Chapter:10 Electric cu and its effects	Ex: 23 in lab-Manual f n rrent	 To check the activity of xylem tissue. Extended learning: To know about different blood groups CH-10 To make an electric circuit by using different components. To make an electromagne to by using iron material, 	 5. Illustrate the structure of the human circulatory system and excretory system. 6. Construct a model of stethoscope and explain its working. 7. Measure and calculate pulse rate Ch-10 1. Applies learning of scientific concepts in connecting two or more electric cells in proper order in 	

			insulated	Wire,	devices.	
			battery		2. Construct a model of	
					electromagnet and	
					explain its function. 3.	
					Explain the processes	
					of heating and	
					magnetic effects of	
					electric current.	
					4. Illustrate the	
					structure of an electric	
					circuit	
FEBRUARY	18	Revision				
MARCH	ANNUAL EXAM	Chapters:3,6,7,				
		9,10 and 12				